



HOW DO I THINK AND FEEL WHEN I READ?

Keywords

emotions • feeling • mind maps • thinking

Working on life skills while reading

Reading arouses **emotions**; it can make you feel happy, sad, bored, moved... This applies to any book we read: stories contain a world of emotions and **feelings** that are triggered off as the plot unfolds before us.

Green Apple Life Skills and Reading and Training Life Skills series allow just this: they let the story flow without interrupting the reading. They accompany the plot with illustrations making it not only more interesting but more intuitive from a linguistic point of view. In this way even the characters come to life and produce sensations and emotions in the reader. At the end of each chapter there is a *Think* activity, designed to give expression to these moods and reflections.

Overall conscious understanding and skills

Instead, at the end of the book there is a collection of activities that involves the whole book, which re-explores the story from numerous points of view: extensive reading exercises related to each chapter, listening, exercises using the Internet and exam related activities. And at the end of the didactic section which has worked on the various different skills, a **mind map** ties all the ends together in a conclusive exercise, putting together all the personal and educational experience of the graded reader.

And this is fundamental, because a young person who reads is a **future adult who thinks**.



Reading with the life skills

Tom lived in the town of St Petersburg with his Aunt Polly and his brother Sid. During the long summer evenings there weren't a lot of fun things to do. Tom liked walking around town. One evening he met a big boy who was a stranger. Tom looked at him because he didn't see new people often. The boy had new, expensive clothes. "Who is this boy?" Tom thought. "He's got new shoes, a blue jacket, a white shirt, a brown hat and a blue tie... but it's not Sunday. He probably comes from a big city. My clothes are really old and ugly, and I don't have any shoes." They looked at each other – Tom didn't like him. Tom finally said, "I can beat you!" The big boy laughed and said, "Why don't you try?" There was a moment of silence. "What's your name?" asked Tom. "I'm not going to tell you," answered the big boy. "Oh, really," said Tom nervously. "I think you're afraid of me," said the big boy. "I'm bigger and stronger than you." "I'm not afraid of you," said Tom. "I'm not afraid of anyone!" There was another moment of silence. The two boys looked at each other angrily. Suddenly Tom pushed the boy and the boy pushed Tom. Soon they were fighting on the ground. Tom hit him and pulled his hair. Then the big boy hit Tom on the nose but this didn't stop him. Soon the big boy started crying and said, "Stop! Stop!" Tom got up from the ground and said, "Well, I said I could beat you, didn't I?" The big boy's nice clothes were dirty and he got up slowly and walked away.



The Adventures of Tom Sawyer by Mark Twain (Green Apple Life Skills A2)

1 **THINK!** Read the sentence below, taken from this chapter.

"Tom finally said, 'I can beat you!'"

The big boy laughed and said, "Why don't you try?"

Tom doesn't like the rich boy and wants to show him he's stronger. Circle the words below that describe Tom.

kind • smart • friendly • stupid • intelligent • strong • weak • angry • happy

2 Which feelings can you find in the chapter you have read? With the help of dictionary find at least 8 words and divide them into "good feelings" and "bad feelings", and say why.